

ABSTRACT

- The present invention provides novel compositions and methods for
- 5 lowering blood glucose levels, as well as manufacture processes for producing the compositions. Specifically, the present invention provides novel compositions that are extracts of the plant *Prunella Linn* and/or *Rabdosia (Blume) Hasskarl* containing enriched corosolic acid. Methods of isolating corosolic acid at high purity from these plants are also provided.
- 10 These extracts and the purified corosolic acid can be used for lowering blood sugar levels and reducing accumulation of triglyceride in the treatment of diabetes, obesity and related conditions.